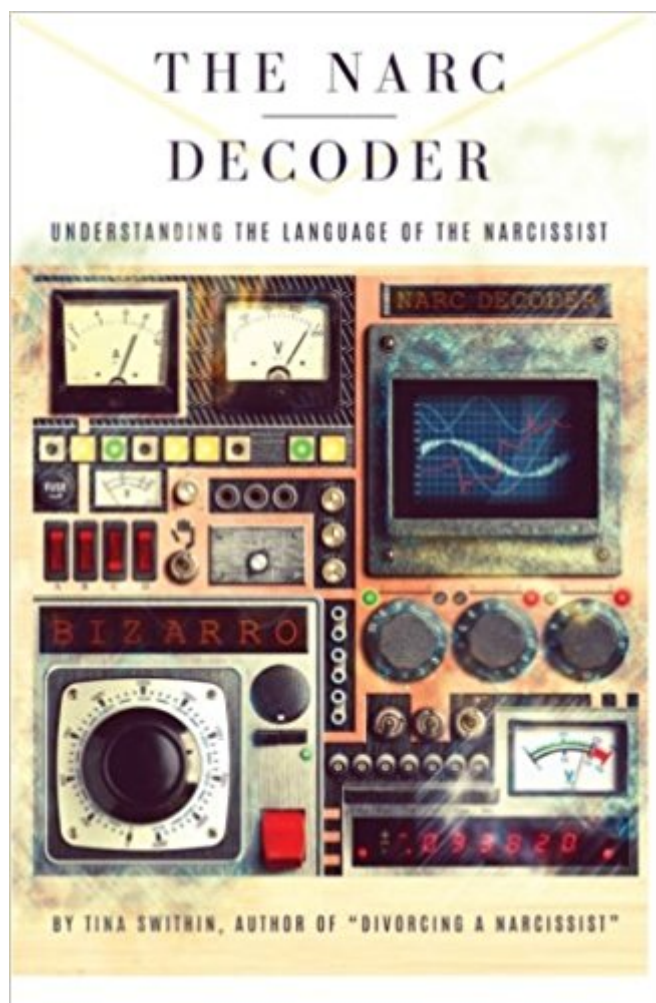


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# The Narc Decoder: Understanding The Language Of The Narcissist



## Synopsis

Divorcing a narcissist? You are probably left feeling baffled and shaken by the communication that you receive from the narcissist. In my mid-twenties, I contemplated learning multiple foreign languages. I envisioned dabbling in French to successfully make my way around Paris or Irish Gaelic to explore the rich history of Ireland along with my deep ancestral roots in that country. My day dreams about learning new languages always went hand in hand with the imagery of world travel. The thought of exploring exotic and old world places far away from home intrigued me. My mind summoned several foreign adventures, but never did I think I would need to learn a foreign language to navigate my own life. In 2008, I heard the words, "Narcissistic Personality Disorder" (NPD) to describe my then-husband, Seth. It took a couple years for the reality of those three little words to really sink in. Looking back, the red flags had been waving in the wind since our very first date. Those flags grew taller and more vibrant in color during our marriage. As it turns out, those same red flags that had been lining my path for years were dipped in a highly flammable mixture of kerosene. I realized the danger only when they exploded near the end of my marriage. Like any unexpected explosion, I was unprepared and left nursing deep, emotional, third-degree burns. In my research, I discovered a new language which took quite a bit of studying and insight on NPD to understand. As it turns out, the reason that I was so bewildered by Seth's communication style was that we were speaking completely different languages. I spoke the English version of "human" while he was speaking the non-human "Narc-ish." I am convinced there is a Narc-ish dictionary or manual hidden deep in a dark, musty hole somewhere in a faraway land with step-by-step instructions on how to inflict fear, confusion and despair. From this land, narcissists hail. Their secret language can only be decoded by those who aren't fooled by the narcissist's stealth ability to inflict confusion and chaos with it. My computer has a feature that allows me to translate most languages. However, this particular area of my life requires technology that is a bit savvier. Need is the catalyst of industry: and I was in need of a device to decipher Narc-ish. So, I invented one. I call it the "Narc Decoder" and have made life-altering good use of it. The good news is, everyone has access to the Narc Decoder because it is a machine that I am honored to replicate and share with anyone who is forced to communicate with a narcissist. Once you understand how to use the Narc Decoder, your life will change for the better. You will become empowered and will regain your voice. Over time, you will begin to find humor in the communication style that once left you on your knees begging for mercy.

## Book Information

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## Customer Reviews

Amazing how I once thought I was all alone. Tina's life is my life. Exact same maniac that I married saying the exact same terrible things. Unbelievable. NPD plus a drunk! There should be some kind of immunization for narcissistic personality disorder. Obviously they are quite common in today's society. This book will ease your mind, make you laugh because you've been there and give you some really good comebacks that you can use against your "NPD." Good for the soul and mind!

I bought this book because my ex is flaring up again! I wished I had this when I was in my 5 year custody battle with my ex and in court near 200 times! He's an attorney and the courts allowed him to keep filing even though they eventually saw through him! It was true agony and I developed PTSD from it! CPS reports, therapists, stalking, he filed against the judge even! I cried so much and endured so much and only wished I had this book to guide and help me manage the hell I was in! This book has already helped me in dealing with him as he still has 30% custody and a wife to support his non sense and harm our child! I feel I have some hope again in reading this and learning more about his mind and not feel I'm being dragged into his craziness! Anyone going through a custody dispute with a narc/soc should read this several times and memorize it! It will help guide you and support you and give you some peace! Thank you Tina!

Tina's latest book is very real and raw. If you're a victim or survivor of narcissistic abuse, you will relate all too well to this book. Tina puts a hilarious spin on the prolific ramblings that narcissists spit out to their victims. Being on the receiving end of their verbal vomit is no easy feat. Tina's genius

translator, makes it very easy and even fun to decipher what these evil beings are really communicating. A must read for anyone having to deal with a narcissist.

Amazing book. Really gives amazing insight to what Narc's are after and the best way to respond. I highlighted half the book so I know this will be something I use over and over again!! Now to read the book on rebuilding. Thank you for all the work you have put into these Tina!

As always Tina, you "get it"! Thank you for all your books you have written thus far! I really enjoyed reading the Narc Decoder because now I (and you) can start decoding these words for what they really are.....Just words....Again Thank you Tina!!

Love Tina's work. She has helped me step back, take a deep breath and answer all the attacking emails my ex sends to me. So blessed that I found her books. They have helped me grow and understand what dealing with a narcissist is all about.

It doesn't matter if you're a woman or a man, anyone dealing with the insane difficulties of a narcissist will find Tina's books a refreshing sigh of relief from the anxiety a narcissist forces on us by using her techniques and advice to set boundaries for these toxic people from our past.

Tina has a wonderful way of putting words to the experiences I have had and endured. After reading this book I had specific ideas on how to deal with my ex husband. Although I come to Tina three years in to my divorce/post judgment, I am thankful for her insight.

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